YOU HAVE A **SPOT.** | TAKE YOUR **SHOT.**

10 FACTS
YOU SHOULD KNOW ABOUT
COVID-19 VACCINES

1. Everyone age 16+ is eligible to get a COVID-19 vaccine.

2. The vaccines are proven to help prevent COVID-19 and are effective in preventing hospitalization and death. Millions of people in the U.S. have already received them.

3. COVID-19 vaccines are built on years of work to develop vaccines for similar viruses.

4. You cannot get COVID-19 from the vaccines.

5. There are no serious side effects. You may have temporary reactions like a sore arm, fever, headache or feeling tired and achy for a day or two after receiving the vaccine.

6. The vaccines teach your body how to create a protein that helps you fight COVID-19. The protein and vaccine leave your body after they are finished and cannot be tracked.

7. The vaccines are free to everyone, even if you don't have health insurance.

8. Personal information about your health and identity is carefully managed to protect your privacy. It is not shared with CDC or ICE.

9. Follow the 3 Ws—wear a mask, wait 6 feet apart from others and wash your hands—before and after getting the COVID-19 vaccine. This is everyone's best protection from getting and spreading COVID-19.

10. Everyone has a spot for honest information on COVID-19 vaccines and where to get vaccinated. Go to YourSpotYourShot.nc.gov or call the COVID-19 Vaccine Help Center toll-free at 888-675-4567.